

# The Impact of ACEs



## **CHRONIC HEALTH CONDITIONS\***

Coronary heart disease • Stroke • Asthma • Diabetes • Obesity • Cancer  
Chronic Obstructive Pulmonary Disease (COPD) • Kidney Disease



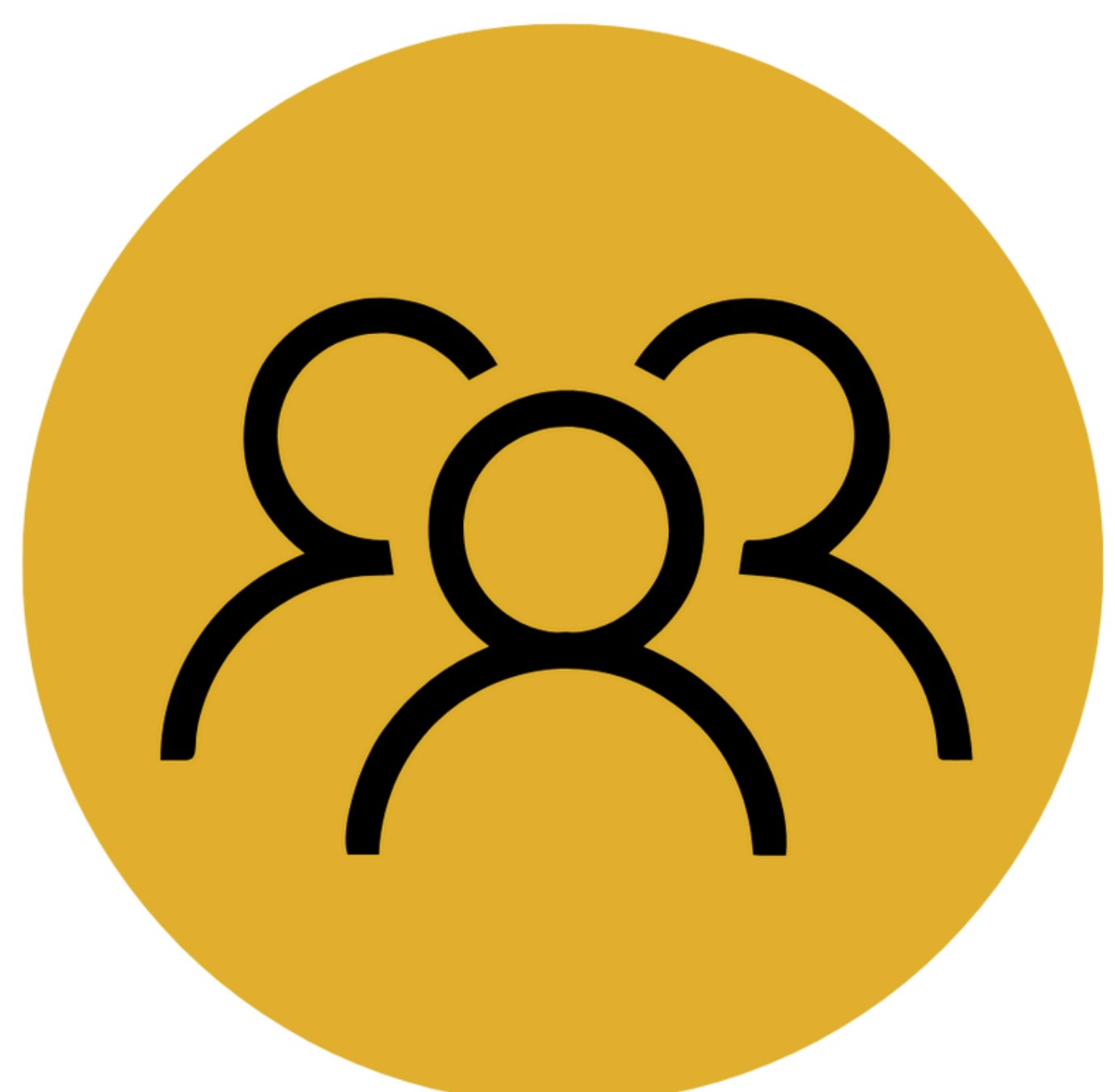
## **MENTAL HEALTH CONDITIONS\***

Depression • Anxiety • Post Traumatic Stress Disorder (PTSD)



## **HEALTH RISK BEHAVIORS\***

Smoking • Heavy drinking or alcoholism • Substance misuse  
Physical inactivity • Risky sexual behavior • Suicidal thoughts & behavior



## **SOCIAL OUTCOMES\***

Lack of health insurance • Unemployment  
Less than a high school diploma or equivalent education

**\*Not an exhaustive list**



**ABUSE**



Physical

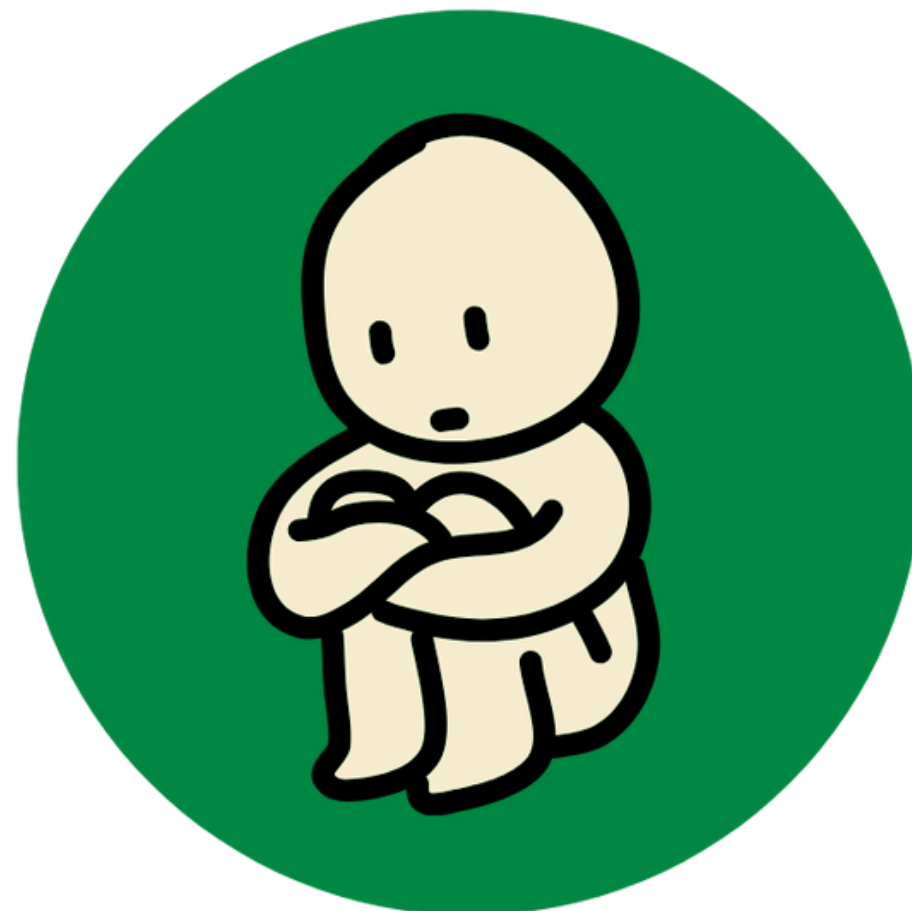


Emotional



Sexual

**NEGLECT**



Physical



Emotional

**HOUSEHOLD DYSFUNCTION**



Caregiver with  
Mental Illness



Divorce or  
Seperation



Mother Treated  
Violently



Incarcerated  
Relative



Caregiver with  
Substance Abuse